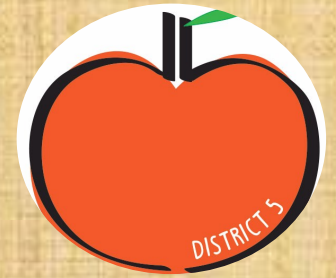


District 5 Newsletter



2ND QUARTER—2020

District 5 Newsletter Editor: Vicki R. / Orange

Online Newsletter: http://www.msca09aa.org/districts/d_05.php

AREA OF "DISTRICT 5"

DOES YOUR GROUP HAVE A VOICE?

GENERAL SERVICE REPRESENTATIVE (GSR)

"The general service representatives (G.S.R.s) of the U.S. and Canada are the very foundation of our general service structure. Through your G.S.R., you can make your group's voice heard at district meetings, at area assemblies, and eventually at the General Service Conference."

For more information about GSRs, see A.A.® leaflet:

A.A. Pamphlet: P-19 -

G.S.R. Your group's link to A.A. as a whole



"For a new general service representative, this leaflet outlines responsibilities and useful sources of information; for a group, what to keep in mind when electing a G.S.R."
~ Alcoholic Anonymous © (A.A.)

CITIES WITHIN "DISTRICT 5"
Cowen Heights, Lemon Heights, Orange,
Orange Park Acres, (parts of) Santa Ana, Tustin, and Villa Park



Being of Service...

**DISTRICT 5 / PANEL 70 (2020-2021)
TRUSTED SERVANTS**

...OFFICERS AND COMMITTEE MEMBERS...

OFFICERS

DISTRICT COMMITTEE MEMBER CHAIR (D.C.M.C.)	RYAN H. (hvacman25@gmail.com)
ALTERNATE DISTRICT COMMITTEE MEMBER CHAIR (ALT. D.C.M.C.)	ISAAC M. (isaacmaganazo@gmail.com)
SECRETARY	CHRIS W. (cwheelerx@gmail.com)
TREASURER	VICKI R. (wrkaaitwrks@aol.com)
REGISTRAR	LISA H. (likafaul@gmail.com)

DISTRICT COMMITTEE MEMBERS (DCMs)

DISTRICT COMMITTEE MEMBER (DCM) - WOMEN'S DAY	LISA H.
DISTRICT COMMITTEE MEMBER (DCM) - WOMEN'S EVENING	LISA H.
DISTRICT COMMITTEE MEMBER (DCM) - MEN'S GROUP	DAVID H.
DISTRICT COMMITTEE MEMBER (DCM) - EAST ORANGE	MARIO P.
DISTRICT COMMITTEE MEMBER (DCM) - WEST ORANGE	GREG A.
DISTRICT COMMITTEE MEMBER (DCM) - (ORANGE) FRIENDSHIP CLUB AM	OPEN (Your Name??)
DISTRICT COMMITTEE MEMBER (DCM) - (ORANGE) FRIENDSHIP CLUB PM	CHRISTINA W.
DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANA ALANO CLUB	OPEN (Your Name??)
DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANA	CASEY D.
DISTRICT COMMITTEE MEMBER (DCM) - NORTH TUSTIN	STEVE C.
DISTRICT COMMITTEE MEMBER (DCM) - SOUTH TUSTIN	STEVE C.

STANDING COMMITTEES CHAIRS

ACCESSIBILITIES	OPEN (Your Name??)
ARCHIVES	OPEN (Your Name??)
COOPERATION WITH THE PROFESSIONAL COMMUNITY (C.P.C.)	OPEN (Your Name??)
CONVENTION LIAISON	ROB B.
GRAPEVINE	KYLE B.
GSR SCHOOL	ROB S.
HOSPITALS & INSTITUTIONS (H&I) LIAISON	LINDSEY K.
INTERGROUP LIAISON	SCOTT B.
LITERATURE	GLENDA R.
NEWSLETTER	VICKI R.
PUBLIC INFORMATION (P.I.)	OPEN (Your Name??)

VOLUNTEER POSITIONS

CAKE SERVICES	DAVID H.
COFFEE	DAVID H.

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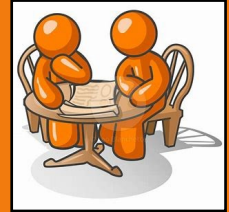


If you're interested in **being of service** and would like to be involved in "District 5" by volunteering for an "OPEN" commitment, please join us at the next District 5 meeting and let us know. We'd love to have you join us!!



STEPS, TRADITIONS, AND CONCEPTS OF A.A.

(Reprinted with permission of A.A. World Services, Inc.)



STEPS: 4 THRU 6

4.

“Made a searching and fearless moral inventory of ourselves.”

5.

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

6.

“Were entirely ready to have God remove all these defects of character.”

INVENTORY(#4): *VERB - A complete list of.*

TRADITIONS: 4 THRU 6

4.

Short Form:

“Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

5.

Short Form:

“Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.”

6.

Short Form:

“An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.”

AUTONOMOUS (#4): “independent / not subject to the rule or control of others” *(The Little Big Book Dictionary)*

CONCEPTS: 4 THRU 6

4.

Short Form:

“At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.”

5.

Short Form:

“Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.”

6.

Short Form:

“The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.”



PROPORTION (#4): “ration / percentage / degrees / rates / relative amount / the evaluation of size, relationship, or importance of one thing to another / balance between parts of a whole / agreement / harmony” *(The Little Big Book Dictionary)*

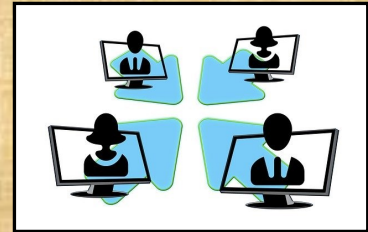


...MEETING GROUP NEWS....



For a list of "OC AA Virtual Meetings", go to this link:

<https://oc-aa.org/directory/VM3col.asp>



Internet Safety



DOES YOUR MEETING GROUP HOLD "ZOOM" MEETINGS?

If the answer is yes, the Inter-Group Association of A.A. of New York, Inc. (NYIG) has provided a written toolkit, referred to as the "Zoom Protection Guide" for the handling of unwanted Zoom meeting disruptions / hackers .

To read a copy of it, go to this link:

<https://oc-aa.org/docs/NYIG Zoom Protection Guide 033020.pdf>

FROM ORANGE COUNTY CENTRAL OFFICE:

Changes in ZOOM password information To our members:

If your meeting was set up using a Basic (Free) Zoom or single-license, Pro Zoom account you may need to take action to ensure the meeting information we have posted on our meeting schedule is still accurate and that the meeting can still be accessed.

Why? Because effective immediately, Zoom implemented changes to those two types of accounts. In short, Meeting Passwords will be TURNED ON by default; the prior default was OFF. Further, you will need to resend your meeting information to manager@oc-aa.org . Please be sure to include the meeting name, day, time , URL, Meeting ID, and a contact person with phone # or email address.

Note: Each group will need to decide on its own course of action with regard to the changes Zoom made to its service and the meeting host will need to implement it.

All decisions will be re-evaluated as the situation changes; we are doing our best and appreciate your support and understanding.

Our 24/7 phone line and closely monitored e-mail are still available for any 12 step phone calls that need to be made and any questions from newcomers or anyone needing information.

Your OCAA Central Office

Be sure to let both DISTRICT 5 and O.C. CENTRAL OFFICE know if your meeting group has changed its location, day/start time, or has become inactive, as your meeting may be the one a 'head-spinning' suffering alcoholic may be needing.

Does your meeting have information that it'd like to share with others??

If so, email it to District 5's Newsletter Editor (Vicki R.) at wrkaaitwrks.com and it will be included in the next quarterly newsletter.

UPCOMING SOBER EVENTS

DISTRICT 5

May 11 2020 (Mon) @ 6pm:

STEERING COMMITTEE MEETING

Denny's @ 17th & Tustin, Santa Ana

May 14, 2020 (Thurs) @ 7pm-8:30pm:

GSR MEETING

ZOOM MEETING:

Member ID: 457 182 8915

Password: 469764

=====
The following meetings will be held via "Zoom" if Covid-19 'Stay-in-Place' is still in affect. And if so, Zoom info will be available closer to the actual meeting date.

June 8, 2020 (Mon) @ 6pm:

STEERING COMMITTEE MEETING

Denny's @ 17th & Tustin, Santa Ana

June 11, 2020 (Thurs) @ 7pm-8:30pm:

GSR MEETING

("New GSR" sign-up / orientation @ 6:30pm)

Church of the Foothills
 19211 Dodge Ave., No. Tustin 92705
 (Corner of Dodge & Newport Ave.)

July 6, 2020 (Mon) @ 6pm:

STEERING COMMITTEE MEETING

Denny's @ 17th & Tustin, Santa Ana

July 9, 2020 (Thurs) @ 7pm-8:30pm:

GSR MEETING

("New GSR" sign-up / orientation @ 6:30pm)

Church of the Foothills
 19211 Dodge Ave., No. Tustin 92705
 (Corner of Dodge & Newport Ave.)

AREA 09

May 17, 2020 (Sun) 9am-2pm:

— AREA ASSEMBLY —

ZOOM MEETING:

https://zoom.us/j/4697354040

Login Opens at 8:30am

June 14, 2020 (Sun) 9am-2pm

— AREA SERVICE COMMITTEE (ASC) /
 DELEGATE SHAREBACK

ZOOM MEETING: Details to follow.

When available, details will be posted
 on Area 09's website (www.msca09aa.org)

July 12, 2020 (Sun)

— FORO —

When available, details will be posted
 on Area 09's website (www.msca09aa.org)

August 9, 2020 (Sun)

— AREA SERVICE COMMITTEE (ASC) —

When available, more information will be posted
 on Area 09's website (www.msca09aa.org)

Visit www.msca09aa.org for
 additional information on upcoming events.

**PLEASE BE SURE TO CONFIRM
 ANY AND ALL MEETINGS BEFORE
 ATTENDING / PARTICIPATING.**



O.C. CENTRAL OFFICE

May 13, 2020 (Weds) @ 7pm

INTERGROUP MEETING

ZOOM MEETING:

https://us04web.zoom.us/j/616903638

Meeting ID: 616 903 638

Password: OCAA

June 10, 2020 (Weds) @ 7pm

INTERGROUP MEETING

Costa Mesa Senior Center
 695 W. 19th St., Costa Mesa, 92627
 Info: (714) 556-4555

Be sure to confirm prior to meeting,
 as it may held via "Zoom".

July 8, 2020 (Weds) @ 7pm

INTERGROUP MEETING

Costa Mesa Senior Center
 695 W. 19th St., Costa Mesa, 92627
 Info: (714) 556-4555

Be sure to confirm prior to meeting,
 as it may held via "Zoom".

Intergroup meetings are held every
 2nd Wednesday of the month.

Orange County Hospitals & Institutions

Meets on the 2nd Sunday of every month
 as follows:

Institutions Committee: 4:00pm - 5:00pm
 (Orientation for first-time attendees at 3:15pm)

Hospitals Committee: 6:00pm - 7:00pm
 (Orientation for first-time attendees at 5:15pm)

Garden Grove Alano Club
 9845 Belfast, Garden Grove, CA 92844

Visit www.oc-aa.org for
 additional information on upcoming events.



Attention Meeting Group Secretaries / Treasurers.....

When sending a 7th Tradition donation/contribution to District 5 for your group, please note the following information so that District 5 can be sure your meeting group receives acknowledgement, along with a receipt:

- (1) Group number (issued by the General Service Office)
- (2) Meeting group name and day & time of meeting
- (3) Name and mailing (or email) address of whom to send the receipt to.



If your group number isn't known, ask your GSR to speak to the "District 5" Registrar (Lisa H.) at the next monthly (2nd Thursday) District meeting. You can also request that information by sending her an email: likafaul@gmail.com



Address for Correspondence and 7th Tradition Donations:

District 5, M.S.C.A - P.O. Box 3374, Tustin, CA 92781

UPCOMING SOBER EVENTS

(Continued...)

At the issuance of this newsletter, due to the current COVID-19 mandates, the events listed on this page have been confirmed as being

*** **CANCELLED** ***

May 14 — 17, 2020



**Don Laughlin's
Riverside Resort Hotel and Casino**
1650 S Casino Drive
Laughlin, NV 89029

For More Info:
<https://www.tristate-roundup.com/>

July 2 — 5, 2020



**2020 INTERNATIONAL CONVENTION
ALCOHOLICS ANONYMOUS**
July 2-5, 2020 | Detroit, Michigan
Love and Tolerance Is Our Code



For More Info:
https://www.aa.org/pages/en_US/international-convention-2020

August 21 — 23, 2020



PACIFIC REGIONAL FORUM

**Westgate Las Vegas Resort & Casino
Las Vegas, Nevada**

UPCOMING SOBER EVENTS

(Continued...)



Please Note:

The following non-Zoom events may be dependent upon the COVID-19 Pandemic mandates. So, please, be sure to check their websites for updated information.

*** May & June 2020 ***

May 16, 2020



SURF TO TURF CONCEPT STUDY

May 16th, 2020 from 10am to 2pm (PST)

What are the Concepts?

Why do we have them?

Why are they important?

These questions & many more will be answered at this event

Speakers:

Mary H. (NY)

Dean B. (CA)

Jeryl T. (CA)

Mark your Zoom Calendars!

Zoom Code: 996 0299 7591 Password: concepts

There will be a waiting room; please log in early, room will open at 9:30am



(Bring your own coffee and lunch, they won't be provided...LOL)

June 6, 2020



MID SOUTHERN CALIFORNIA AREA (MSCA) 09
DISTRICT 04 PRESENTS:

“In Love & Service” Seminar

June 6, 2020
4:00 p.m.

A Virtual Zoom Meeting

Please join us to hear experience, strength and hope regarding general service work from our MSCA 09 Delegate and Executive Officers

Plus questions and answers session

ZOOM ID: 857 4596 5468

ZOOM PASSWORD: 380128



June 27, 2020



South Orange County
Hospitals & Institutions
=====

“South Orange County
Chili Cook Off”

This year's annual fundraiser has been tentatively scheduled for:

Saturday, June 27th, 2020
from 11am—3pm

Laguna Niguel Regional Park
28241 La Paz Road
Laguna Niguel, CA

June 11 — 14, 2020

A.A. Desert Pow Wow 2020 with Al-Anon Participation

Renaissance Esmeralda Resort & Spa
44-400 Indian Wells Ln,
Indian Wells, CA

For More Info:

www.desertpowwow.com

On-Line Registration: Closes 06/04/2020

Mail in Registration: Must be postmarked by 06/01/2020



**DISTRICT 5
*** SOBRIETY BIRTHDAYS **
(FEBRUARY 2020 - APRIL 2020)**



**Those listed below attended the District 5 Meeting
the month of their sobriety birthday. CONGRATS TO ALL!**

****FEBRUARY 2020****

- * Kyle B: GSR ("Saturday Podium Tag" - Orange F/C) ~ 17 Yrs.
- * Glenda R: Literature Commitment (District 5) and GSR ("Chapman & Lewis AA Group" - Orange) ~ 7 Yrs.
- * Isaac M: Alt. DCMC (District 5) and GSR ("Forever Non-Professional - Orange F/C) ~ 5 Yrs.
- * Rob S: GSR School Commitment (District 5) ~ 4 Yrs.
- * Rob B: Convention Liaison (District 5) and GSR ("777 -Newcomers- Men's Stag" - Orange) ~ 3 Yrs.



****MARCH 2020****

- * Paula P: GSR ("Early Birds" - Santa Ana) ~ 20 Yrs.

****APRIL 2020****

- * Gloria Z: GSR ("It's in the Book" - Tustin) ~ 12 Yrs.



By doing it
"ONE DAY AT A TIME",
all together they have...

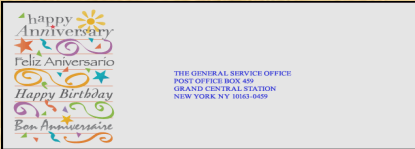
YEARS 68
MONTHS816
WEEKS 3,545
DAYS.....24,815
HOURS..... 595,560
MINUTES35,733,600



G.S.O...THE BIRTHDAY PLAN

"Contributions to the General Service Office support G.S.O.'s services to members and groups throughout Canada and the U.S. and help ensure that the A.A. message is carried around the world. The services that the G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety."

For More Info: www.aa.org/pages/en_US/the-birthday-plan



WWW

**A.A.
RELATED WEBSITES**

WWW

- Alcoholics Anonymouswww.aa.org
- MSCA 09 / District 5www.msca09aa.org
- OC Central Officewww.oc-aa.org
- Box 4-5-9www.aa.org/pages/en_US/box-4-5-9-news-and-notes-from-gso
- Grapevine.....www.aagrapevine.org
- OC A.A. Convention.....www.oaac.org
- AA Online Intergroup.....www.aa-intergroup.org
- All O.C. Young People In A.A.... www.aocypaa.org
- Area 9 Bridging the Gap<https://area9btg.org>
- Veterans Bridging the Gap.....<http://www.vetsbtg.org/>

NEW GSRs / Alternate GSRs!!!

A big *WELCOME* and *THANK YOU* to the following new GSRs and/or Alternate GSRs...

NAME	GROUP	CITY
♦Cathy T. (GSR)	Womens Unity Group	Tustin
♦Nick P. (GSR)	Orange-Tustin Group	Orange
♦Julia S. (GSR)	Boozy Bunch Group	Orange
♦Jackie R. (GSR)	Thur Nite New Comers Group	Orange
♦Jeff H. (GSR)	Tustin Attitude Modification Group	Tustin
♦Manny A. (GSR)	Sun. Nite Speakers Mtg. of Orange	Orange



AA RESPONSIBILITY STATEMENT

*"I am Responsible. When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there. And for that: I am responsible."*

FRIENDLY REMINDER...The General Service Office needs to be advised whenever there are the following meeting/group changes, so that they can keep their records up to date.

- Name – Date and Time – Location
- General Service Representative (GSR) and/or Contact Information (i.e. Secretary)
- Disbandment of Meeting/Group

If there are any changes, please be sure to notify your District 5 Registrar (*Lisa H.*) via email, or by attending a District 5 meeting and giving her (or the GSR School Committee Member - Rob S.) the applicable information. The information will be forwarded to both the area and the General Service Office.

****You can find information on the next "District 5" meeting on Page 5 (Upcoming Events & Announcements) of this newsletter.****

A.A. IN THE NEWS...

The Journal (Caldwell, Ohio)
July 21, 1955

DALE CARNEGIE

★ AUTHOR OF "HOW TO STOP WORRYING AND START LIVING" ★

D. A. KLEVEN, 8036 So. Racine Avenue, Chicago, Illinois, says he once had many fears of all kinds but he was always able to drown them even though it took at least a quart of whiskey a day to accomplish this. He went to see a doctor who said at the rate he was going he might live a year.

Then came his greatest fear: the fear of forever being a slave to alcohol, the fear of ending in a drunkard's grave, the fear of being behind locked doors of a mental institution, with a wet brain, or behind bars with a murder charge as the result of drunken driving.

One night soon after this realization God must have extended a helping hand, for two people from **Alcoholics Anonymous** came to see him. He admitted he was powerless over alcohol and that his life had become unmanageable, but after a convincing talk by his callers he placed his faith in **Alcoholics Anonymous** and soon he made a decision to turn his will and his life over to God's care. As he understands Him, he accepted the help extended him and believed all he was told.

His faith grew and grew and fear disappeared. He learned to live twenty-four hours at a time. Yesterday gone, tomorrow not yet here, today he lives the best he can. As a result of all this, he has faith, hope, love and most of all, peace of mind. Faith in **Alcoholics Anonymous** taught him to have faith in himself, in his fellow men and above all in God who is always with us.

Every day he uses this prayer:

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.



CARNEGIE

The Catholic Time (Columbus, Ohio)
January 3, 1959

Magazine Will Publish Priest's Book

INDIANAPOLIS, Ind.—(NC)—“The Prodigal Shepherd,” autobiography of Father Ralph Pfau, nationally known as a leader in the **Alcoholics Anonymous** movement, will be published next spring in Look magazine.

Father Pfau, a priest of the Indianapolis archdiocese, has been granted permission to devote full time to the work of **Alcoholics Anonymous** and of the National Clergy Conference on Alcoholism, of which he is founder and executive secretary.

The Catholic Time
(Columbus, Ohio)
November 4, 1960

AA Conference Sunday, Nov. 13

The 19th Anniversary and Gratitude Meetings of Central Ohio, sponsored by **Alcoholics Anonymous**, will be held Sunday, Nov. 13, at 3:30 p.m. at the Central YMCA.

Father George A. Fulcher, editor-in-chief **Catholic Times**, will deliver the invocation and opening remarks at the evening session at 7 p.m.

The Past and Present of AA, as well as such topics as Alcoholism and Community Education, the Medical Aspects of Alcoholism and AA, Alcoholic Rehabilitation will be discussed.

Ottawa County News (Port Clinton Ohio)
June 29, 1951

FACES BAD CHECK CHARGE

Ottawa county sheriff's deputies picked up Richard M. Thomas, of Danbury, on the request of Ann Arbor, Michigan, police, who hold complaints charging him with appropriating three \$60 checks made out to **Alcoholics Anonymous**.

A.A. IN THE NEWS... (Continued from Page 8)

Evening Star (Washington, D.C.)

June 13, 1940

Alcoholics Anonymous Provide Morale Peg for Drink Victims

Local Membership Flowers Under Calm, Non-Militant Campaign of Helpfulness

This is the first article of a series on Alcoholics Anonymous, national brotherhood of recovered alcoholics who are achieving more recoveries from rum by mutual helpfulness. The writer recently introduced the subject in a story in The Sunday Star. The series starting today is based upon material for which space did not allow previous presentation.

By ROBERT A. ERWIN.

Success often comes with surprising speed, especially when something new is tried and found working. Such has been the case with the expanding Washington Chapter of Alcoholics Anonymous, whose members do their work in obscurity and shirk the public limelight in order that their efforts be not hampered.

In fact, the Washington A. A.'s have shown a recent inclination to combat overconfidence, which they know is one of the greatest enemies of a recovered "rummy."

Membership Above 50.

There are now more than 50 members in the Capital group. Their numbers grow with each Tuesday night meeting at a downtown clubhouse. Any club is an appropriate meeting place for the A. A.'s, because their group is more of a club or brotherhood than anything else. Not a one of them hides the fact that he has been "through the mill" as a drinker, from a beginning in youth to the ending in some sanatorium or hospital.

Some of them know that they picked up the pieces and put them back together only a short time ago with the assistance of ex-alcoholics who can read the mind of a drunk better than anybody else. They know that abstinence from strong drink is only a day-to-day proposition.

Therefore, they took time out at a recent Tuesday night session to recapitulate.

"There is no use to pat ourselves on the back," one of the leaders said. "We must keep working to help others and in that way we never will have ourselves to worry about."

Debate Invitations.

Some members favored urging alcoholic acquaintances to come to the informal meetings. Others felt the best course was merely to "tell them about the A. A.'s and let them come if they wish." Controversy is almost unheard of at an A. A. meeting, and this issue was left unsettled after a very friendly debate.

The Washington chapter, therefore, arranged for new members to share meeting leadership with the older ones, with alternating occupants of the chair each meeting and with a "ladies' night" now and then. The woman members, it might be added, fall into two classifications, those who have recovered from alcoholism and want to stay that way, and those who come with their husbands who once were "rummies."

At this point, it is well to review the background of Alcoholics Anonymous. It was conceived five years ago in the mind of a 43-year-old Vermonter, an often-numbered veteran of whisky and gin, as he lay in a New York hospital. He knew that doctors, ministers, members of his own family and others had been unable to help him.

In the course of what he described as a "spiritual experience," he became convinced that one alcoholic was best qualified to help another and he put the theory to work. It has been working ever since and

has become a Nation-wide volunteer movement in the form of an organization that has no dues, no officers, no house organ, no professional promoters and solicits no funds.

Two Watchwords.

The keystone of Alcoholics Anonymous is religion—with religious freedom. An A. A. must recognize that there is a power greater than himself, and that from that power comes assistance along the road to recovery. Honesty and sincerity are two of the watchwords. The former toppers recognize that great failing of many drunks—the failure to be honest with themselves about their drinking.

Founders of the movement wrote their own case histories into a book, "Alcoholics Anonymous," that carries its message. The chapter, "How It Works," begins with this statement:

"Rarely have we seen a person fall who has thoroughly followed

our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves.

"Some Born That Way."

"There are such unfortunates. They seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average.

"There are those, too, who suffer from grave emotional and mental disorders; but many of these do recover if they have the capacity to be honest."

When a drunkard is still in the "fog" and cannot think straight or look at himself in the mirror of objectivity, the A. A.'s do not approach him. They wait until his head has cleared.

The next article of this series will be continued in District 5's "Issue 18 - 3rd Quarter - 2020" Newsletter.

About the Writer:

Robert Amos Erwin was a correspondent for the Evening Star. He was born in Oct. 1908 in Evansville, Indiana, and died in Jan. 1978 in Washington, District of Columbia.

A.A. IN THE NEWS (continued from Page 9)

For the A.A. Sport Fan...

**Wilmington Morning Star
(Wilmington, Ohio)
July 27, 1942**

**Rollie Sets Mark
Kicked Upstairs Again**

**By JERRY BRONDFIELD
Wide World Sports Writer**

NEW YORK—Yeah, that's Raiston Burdett Hemsley squatting down there under the latter, thumping his big mitt and chanting to Yankee pitchers—

"Right in here, boy . . . gimme it . . ."
And you think of blaming it on sun spots, this quirk of baseball fate which jerked Rollieking Rol-



Rollie Hemsley . . . Tanks rescue him from ash-beap.

lie from the ash-can of discarded players to the No. 1 catching job for the world's No. 1 baseball team.

It all happened, of course, when the Yanks' Buddy Rosar went AWOL to take a policeman's civil service exam in Buffalo, leaving an irate Joe McCarthy to crray on with an injured Bill Diteq. Even with Rosar's return Hemsley is slated for action.

McCarthy got Rollie on the phone just as he was eaving for his home after his unconditional release by the Cincinnati Reds, and there Hemsley was—embarking on what may be a fitting climax to one of the game's stormiest careers. Rollie at 35 doesn't have much further to go.

Aveteran of 16 years in the major leagues, Hemsley a few years back was one of the best backstops in the business but he made his biggest headlines because of his extra-curricular activities.

Headache For Vitt

Rollie no sooner had been traded to Cleveland by the Browns in the winter of 1939 than he made Oscar Vitt almost wish he'd never left Newark.

Several times he jumped the Tribal reservation in spring training. Night life and fire-water were an irresistible magnet to Rollie and he kept showing up unfit for duty. Vitt slapped fine after fine on him, suspended him a couple of times, but it appeared to have little effect.

Rollie kept insisting he'd stick to lemonade but he seemed to find the most potent lemonades extant. He only caught 68 games that year.

The following winter Hemsley joined **Alcoholics Anonymous**, that unusual organization that can almost guarantee to keep a man away from those swinging doors. Whatever their secret they did a beautiful job with Riotous Rollie. Rollie hasn't touched a drop of the stuff since, and in 1939 and 1940 he enjoyed a couple of highly-successful seasons with Cleveland.

Off To Peer Start

He slippe Jsomewhat last year and was sold to Cincinnati last winter. But he only collected 13 hits in 115 times at bat for the Reds this season and Mill McKechnie gave him his release.

Rollie celebrated his arrival with the Yankees by catching both ends of a doubleheader and blasting out five hits in eight trips to the plate.

Rollie's stimulus is an obvious one, however. It's the shot-in-the-arm any veteran would receive by going to a championship club. Especially with a chance at his first World Series in the offing.

**Wilmington Morning Star (Wilmington, Ohio)
July 11, 1947**

**Black Twirls No-Hit
Game Against A's, 3-0**

CLEVELAND, July 10—(U.P.)—Don Black, who joined **Alcoholics Anonymous** after he was fired from the Cleveland Indians as a playboy last season, pitched a 3 to 0, no-hit, no-run game tonight against the Philadelphia Athletics as the climax to a fine baseball comeback.

It was the first no-hitter in the American League this season, but the second in the majors in three weeks. Ewell Blackwell of the Cincinnati Reds pitched a no-hit, no-run game against the Boston Braves at Cincinnati on June 22.

Black's team mate, Bobby Feller, after whom he has patterned his style as a pitcher, turned in the last no-hitter in the American League against the New York Yankees on April 30 of 1946.

The right hander walked six batters and struck out five. He retired the Athletics in order in the seventh, eighth and ninth innings.

Black, who was sent down to Milwaukee when he failed to make the grade with the Indians last season, asked president William Veeck for: "one more chance to make good" and got it after assuring the Cleveland boss he had joined **Alcoholics Anonymous** and was a "member in good standing."



NEED TO FIND A MEETING??



UPDATED A.A. MEETING GUIDE 3.0 APP

"Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format.

Meeting Guide syncs with area, district, intergroup/central offices and international General Service Office websites (some of which are listed on A.A. Near You), relaying meeting information from more than 300 A.A. service entities directly to you. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

This app gives A.A. service entities full control of their local meeting information while collecting it in one place, making it easy for anyone to find a meeting. Local entities provide their meeting information voluntarily. Meeting Guide users can suggest additions or corrections to meeting listings by using links provided within the app to contact the local service entity responsible for the information.

New & Enhanced Features

Search — Find A.A. meetings by name or location, in addition to day and time / Daily Reflections — a selection of reflections by and for A.A. members / Enhanced location functionality / Expanded user interface, with a new menu bar and "Contact" feature. / "News" — Learn about events at the General Service Office (G.S.O.) and Grapevine, as well as information about updates within the app.

To learn how to get your local A.A. website connected, please visit our support site for A.A. web servants."

- ◆ Above information reprinted from A.A.'s website page: https://www.aa.org/pages/en_US/meeting-guide
- ◆ To learn how this app came about see Box 4-5-9 issue: Vol. 65, No. 3 / Fall 2019

MEETINGS / GROUPS WITH ACTIVE* DISTRICT 5 REPRESENTATION

*Active: A meeting/group having had a G.S.R. or Alternate G.S.R. attend one or more of the past six consecutive District 5 meetings.

NME OF MEETING / GROUP	LOCATION	G.S.R.	ALTERNATE G.S.R.
24 Hour Book Group	Villa Park	Mike M.	
777 (Newcomers) Men's Stag Group	Orange	Robert B.	
Back from the Dead	Santa Ana	Alex G.	
Boozy Bunch	Orange	Julia S.	
Chapman & Lewis AA Group	Orange	Glenda R.	
Crawl Before No One (F/Club)	Orange	Bruce M.	
Early Birds Group	Santa Ana	Paula P.	
Forever Non-Professional (F/Club)	Orange	Isaac M.	Mario P.
Friday Night No Puffers Speaker Meeting	Orange	Rich J.	
Friday On A Monday Discussion	Orange	Chris H.	
Hart Park Newcomers Group	Orange	Bruce D.	
It's In the Book	Tustin	Gloria Z.	
Keep it Simple Group	Orange	Casey D.	
Ladies Night Book Study	Orange	Lindsey K.	
Men's BYOB Book Study	Tustin	Chris W.	Matt D.
Monday Night Mens Stag Group	Tustin	Michael H.	
Monday Night Speakers Meeting (F/Club)	Orange	Mario P.	
Name in the Hat Group	Orange	Scott B.	
Not A Glum Lot	Orange	Charley R.	
Orange-Tustin Group	Orange	Nick P.	
Sat. Podium Tag (F/Club)	Orange	Kyle B.	
Saturday Night Visiting Speakers Mtg.	Orange	David H.	
Slippery Slope (Young People)	Orange	Kyle C.	
Sober & Crazy Speaker Meeting	Tustin	Rob P.	
Sunday Morning B/B Study Group	Orange	Greg A.	Mario P.
Sunday Night Speakers Meeting of Orange	Orange	Manny A.	
(The) Other 12 & 12 Group	Orange	Chris W.	
Thur Nite New Comers Group	Orange	Jackie R.	
Thursday Noon Discussion Group (F/Club)	Orange	Christina W.	
Tuesday Night Men's Stag	Santa Ana	Michael D.	
Tustin Acceptance Group	Tustin	Christelle S.	
Tustin Attitude Modification Group (6AM)	Tustin	Jeff H.	
Tustin Big Book Study	Tustin	Peter C.	
Tustin Mon Evening Womens 12&12 Group	Tustin	Sharon G.	
Tustin Rush Hour	Tustin & Orange	Chuck W.	
We Got A Coffee Pot	Orange	Will G.	
Wed Nite Womens Solutions Grp	Tustin	Kathy S.	
Wednesday Noon Discussion Group (F/Club)	Orange	Bruce M.	
Winners Circle Group	Anaheim	Art Betts	
Womens Experience, Strength & Hope	Orange	Kirin S.	
Womens Step Study Group	Tustin	Jane B.	
Womens Unity Group	Tustin	Cathy T.	

- Did you know that the local group is the basic unit of A.A. World Service?
- Does your meeting/group have a GSR?
- Has there been a GSR or Alt-GSR change?
- Is your meeting/group missing from the above list??



In keeping with our 7th Tradition.....

“2020” GROUP DONATIONS MADE TO “DISTRICT 5”

GROUP #	GROUP NAME	CITY	"2020" GROUP TOTALS THROUGH: APRIL 30, 2020
???	Bethanie C.	Orange	\$ 30.00
131258	9:02 Group	Villa Park	\$ 22.00
132752	All About Me Mens Stag Group	Orange	\$ 60.00
136826	As Bill Sees It	Orange	\$ 15.00
712762	Attitude Adjustment (F/Club)	Orange	\$ 20.00
??	Desire to Stop - Sat. Mtg.	??	\$ 10.00
126119	Early Birds Group	Orange	\$ 35.31
632837	Foothill Early Risers	Tustin	\$ 44.16
725120	Forever Non-Professional	Orange	\$ 10.51
126062	Friday Night No Puffers	Orange	\$ 20.00
275245	Friday On A Monday	Orange	\$ 15.00
680752	Keep It Simple Group	Orange	\$ 16.80
101386	Monday Night Mens's Stag	Lag. Beach	\$ 74.70
??	Monday Night Speaker Meeting	Orange	\$ 8.41
146970	Sunday Morning B/B Study Group	Orange	\$ 15.00
722902	The Name in the Hat	Orange	\$ 10.00
696177	Tustin Acceptance Group	Tustin	\$ 30.00
130429	Tustin Attitude Modification Group	Tustin	\$140.38
678232	Tustin Big Book Study	Tustin	\$ 26.21
168129	Tustin Rush Hour Group	Tustin-Orange	\$ 17.81
179495	Wed Nite Womens Solutions Grp	Tustin	\$ 12.50
135004	Winners Circle Group	Anaheim	\$ 20.00
TOTAL:			\$653.79

THANK YOU!!

If your meeting group, or you as an individual, would like to make a 7th Tradition donation to District 5, there are two options:

1. **MAIL:** District 5—P.O. Box 3374, Tustin, CA 92781
2. **ZELLE (US Bank-District 5 Treasurer):** wrkaaitwrks@aol.com

If applicable, please be sure to notate your meeting group name and group number if known.

UNTIL THE NEXT TIME...STAY SAFE, SOBER, AND HEALTHY!!